# **JACKIE BETTER**

706 Kane Lane

Norfolk, NE 68701

(402) xxx-xxxx

jackieb@yahoo.com

# PHYSICAL THERAPIST ASSISTANT

Dedicated to providing superior care and support to clients and staff. Confident, articulate, and results-oriented professional offering a foundation of education and experience. Looking to join a team that has strong values and rewards hard work.

### **EDUCATION**

Associate of Applied Science Degree – Physical Therapist Assistant, August 20XX Northeast Community College, Norfolk, Nebraska

GPA: 3.8

Certifications: PTA - #, CNA - #, CPR, AED, and Lifeguard, all current

### CLINICAL EXPERIENCE

Outpatient Rehabilitation/Sports Medicine: Health Rehab Services, Omaha, NE (XX hours)

Inpatient Rehabilitation: Medical Hospital, Jackson, IA (XX hours) Geriatric: Bright Care Facility, Norfolk, NE (XX hours)

In most cases, experiences are written in reverse chronological order.

## CLINICAL AND LAB SKILLS

Ultrasound

- Electric stimulation
- Cervical and lumbar traction

- Hot and cold packs
- Patient transfers
- Patient charting
- Manual techniques including: range of motion, stretching, and soft tissue

# **PROFESSIONAL AFFILIATIONS & MEMBERSHIPS**

American Physical Therapy Association Nebraska Physical Therapy Association Northeast Community College Physical Therapist Assistant Club, Secretary Phi Theta Kappa - Academic Honor Organization

#### VOLUNTEER EXPERIENCE

ALS in The Heartland, dates Shoes 4 Kids, dates

Girls' Softball Coach, ages 14-18, dates

Hope Hospital, Norfolk, NE, dates, Patient interactions

### **EMPLOYMENT**

Certified Nurse Aide (CNA), XYZ Nursing Home, Wayne, Nebraska

May year-Present

- Start each duty with a Pr
  - Answer patient's call lights to determine patient's needs.
  - Provide physical support to assist patients to perform daily living activities, such as eating, getting dressed, bathing, using restroom, and walking.
  - Record vital signs, such as temperature, blood pressure, and pulse as directed by nurses.
  - Document observations of patient's behavior, complaints, and symptoms to nurses.

Lifeguard, City of Norfolk, Nebraska
Telemarketer, Tompo Call Center, Norfolk, Nebraska

Summer year June year-May year

Watch verb tenses —use present tense if still at job.

verb.

strong action

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**Email Address** 

# REFERENCES

**Email Address** 

Mr. Current Employer Ms. Former Employer Mr. Instructor Title Title Title Company Name Company Name College Address Address Address City, State Zip Code City, State Zip Code City, State Zip Code (xxx) xxx-xxxx (xxx) xxx-xxxx (xxx) xxx-xxxx

**Email Address** 

using and ask where they wish to be contacted (home or work). Avoid using relatives as references. Make sure they can talk, in detail, about your background, skills, and character.

Ask references before

# **OTHER TIPS:**

- All resumes are different....choose a format that works for YOU!
- Avoid using an online resume template. They can be limited with customization.
- Some color and/or shading is acceptable. For example, you could use a light blue to shade your headings or your Target statement.
- Sections of resume may vary (i.e. you may have Qualifications, Profile, Study Abroad, Relevant Coursework, Special Project, Military, Job Shadows, etc.)
- Format: ½ inch to 1 inch margins; Name should be larger than content size 16-24; font style should be easy to read, ex. Calibri, Times New Roman, Arial; Content size 11-12.
- Don't sell yourself short. Use descriptive statements that show actions and outcomes.
- Two page resumes are acceptable, just be sure that your most important information is on page 1.
- High school information can be included if you graduated from high school within the last 3 years or so and the information is relevant to the position.
- Avoid the use of "I", "Me" and "My".
- Use bold, italics, and bullets to draw attention to important items.
- Appearance should be professional and "clean" looking with no spelling or grammatical errors.
- Layout of resume should be easy to read with proper spacing between sections.
- Not necessary to list age, race, gender, marital status or religious affiliation.
- List job description items in order of importance (i.e. if waitress, list customer service skills before cleaning tables).
- Use 20-24 pound resume-quality paper in conservative color (white/ivory/gray)
- If possible, use matching envelope or send in a white envelope.
- Always have at least one person review your resume before submitting.
- Keep a copy for your records and follow up on application materials as needed.