

Students pursuing a career in Pre-Dietetics or Nutrition field are able to complete an Associate of Science degree with a concentration in pre-dietetics. The curriculum is designed to focus on the science background needed to be a Dietetics professional. Upon completion of this Associate of Science degree, students will continue their education at a transfer institution to obtain a Bachelor's degree in Dietetics or related field.

Suggested Program of Study for Associate of Science Degree (2 years)

FRESHMAN YEAR

First Semester	
Course	Credits
BIOS 1010 General Biology.....	4
HPER 1510 Introduction to Physical Education.....	3
ENGL 1010 English Composition I.....	3
CHEM 1090 General Chemistry I.....	4
MATH 1150 College Algebra	3
	<u>17</u>

Second Semester	
Course	Credits
BIOS 2250 Intro to Human Anatomy and Physiology I.....	4
HOEC 1050 Nutrition	3
CHEM 1100 General Chemistry II	4
HPER 2310 Community Health.....	3
	<u>14</u>

SOPHOMORE YEAR

First Semester	
Course	Credits
HPER 1245 Weight Management.....	1
CHEM 2030 Intro to Organic Chemistry	4
Oral Communication	3
Behavioral and Social Sciences.....	3
BIOS 2260 Intro to Human Anatomy and Physiology II	4
	<u>15</u>

Second Semester	
Course	Credits
HLTH 1060 Comprehensive Medical Terminology	3
Behavioral and Social Sciences.....	3
MATH 2170 Applied Statistics.....	3
INFO 1100 Microcomputer Applications.....	3
HPER 2200 First Aid and CPR for the Health Care Provider	3
Humanities (English/Literature)	3
	<u>18</u>

Total Credit Hours **64**

To earn an associate of science degree, a student must satisfactorily complete a minimum of 60 semester hours that include the general education requirements.

DIETITIANS AND NUTRITIONISTS

Dietitians and Nutritionists are trained in the use of food and nutrition to promote healthy living and manage many chronic diseases. They also typically pursue a bachelor's degree in dietetics, food and nutrition or related areas and coursework in not just nutrition, but psychology, chemistry and biology.

Employment of dietitians and nutritionists is projected to grow 8% from 2019-2029, faster than the average for all occupations.

In recent years, interest in the role of food in promoting health and wellness has increased, particularly as a part of preventative healthcare in medical settings.

More dietitians and nutritionists will be needed to provide care for people with diseases, such as diabetes and kidney disease that are associated with obesity, of which 1/3 of U.S. adults are obese according to the Centers for Disease Control. An aging population also will increase the need for dietitians and nutritionists in nursing homes and in-home healthcare.

They may work evenings and weekends to meet with clients who are unavailable at other times.

Source: <http://www.bls.gov/ooh/healthcare/dietitians-and-nutritionists.htm>

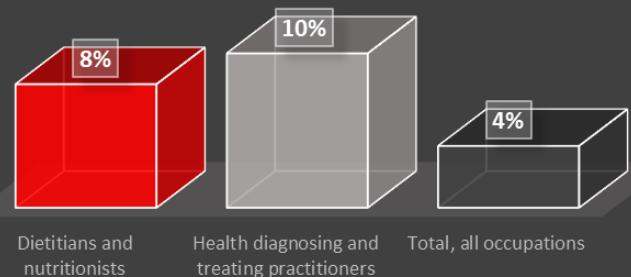


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Health and Public Services Division

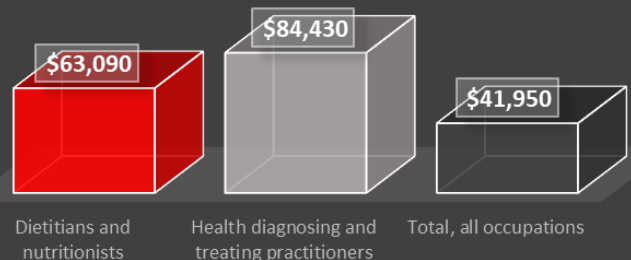
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DIETITIANS AND NUTRITIONISTS % change in employment, projected 2019-29



*Note: All Occupations includes all occupations in the U.S. Economy.
Source: U.S. Bureau of Labor Statistics, Employment Projections program.*

DIETITIANS AND NUTRITIONISTS Median annual wages, May 2020



*Note: All Occupations includes all occupations in the U.S. Economy.
Source: U.S. Bureau of Labor Statistics, Occupational Employment Statistics.*

TUITION: Estimated 2021-22 in-state tuition and fees for an associate degree in this program is \$8,750 to \$9,000.