

Students pursuing a career in the Physical Education-Teacher Education field are able to complete an Associate of Arts degree with a concentration in Physical Education-Teacher Education. The curriculum is designed to integrate the educational and practical training skills needed to be a Physical Education teacher. Upon completion of this associate of arts degree, students will continue their education at a transfer institution to obtain a Bachelor's degree in Education.

## Suggested Program of Study for Associate of Arts Degree (2 years)

### FRESHMAN YEAR

#### First Semester

Course	Credits
BIOS 1010 General Biology .....	4
HPER 1510 Introduction to Physical Education.....	3
ENGL 1010 English Composition I.....	3
HPER 2110 Individual and Dual Sports .....	3
MATH 1150 College Algebra .....	3
	<u>16</u>

#### Second Semester

Course	Credits
HPER 2160 Team Sports.....	3
EDUC 1110 Introduction to Professional Education .....	3
History .....	3
HPER 2310 Community Health.....	3
HLTH 1060 Comprehensive Medical Terminology .....	3
HPER 1550 Lifetime Wellness .....	3
	<u>18</u>

### SOPHOMORE YEAR

#### First Semester

Course	Credits
HPER 1245 Weight Management .....	1
HPER 2300 Stress Management .....	3
Oral Communication.....	3
Social Science.....	3
HPER 2510 Physical Education in the Elementary School I with Practicum.....	3
HPER 2400 Care and Prevention of Athletic Injuries .....	3
	<u>16</u>

#### Second Semester

Course	Credits
HPER 1520 Nutrition for Fitness and Sport .....	3
EDUC 1710 Professional Practicum-Secondary School .....	2
PSYC 1810 Intro to Psychology .....	3
Fine Arts and Language .....	3
Humanities (English Literature).....	3
HPER 2200 First Aid and CPR for the Health Care Provider ....	3
	<u>17</u>

Total Credit Hours 67

To earn an associate of arts degree, a student must satisfactorily complete a minimum of 60 semester hours that include the general education requirements.

## PHYSICAL EDUCATION-TEACHER EDUCATION

Future physical education teachers typically take classes in education and child psychology as part of the program. In the physical educator program, prospective teachers learn how to present information to students of varying abilities and backgrounds typically through fieldwork.

Experience in performing different physical activities, coaching, and volunteer experiences are helpful in many activities including, but not limited to, the following:

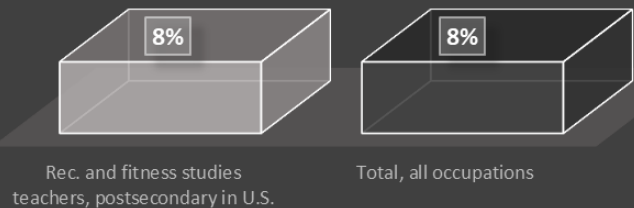
Golf	Ultimate Frisbee
Tennis	Rock Climbing
Fitness	Rollerblading
Running	Gymnastics
Aerobics	Basketball

Physical Educators must truly enjoy being around people and spending time with large number of kids as this is a helping profession.

Most physical educator-teacher educators work full time 9-9.5 months annually. Other tasks that may be required include guiding class discussions, developing instructional objections and tests, and maintaining student records.

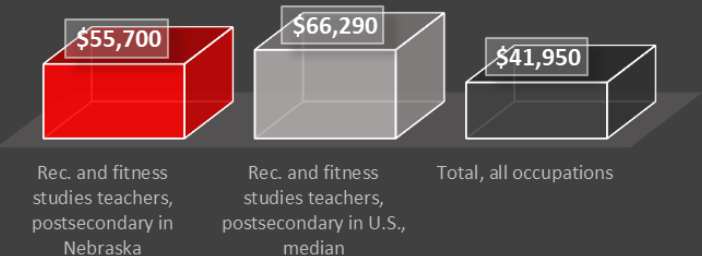
Source: <http://www.onetonline.org/link/summary/25-1193.00>

### RECREATION AND FITNESS STUDIES TEACHERS, POSTSECONDARY % change in employment, projected 2020-30



Note: All Occupations includes all occupations in the U.S. Economy.  
Source: U.S. Bureau of Labor Statistics, Employment Projections program and O\*net Online® Wages and Employment Trends.

### RECREATION AND FITNESS STUDIES TEACHERS, POSTSECONDARY Median annual wages, May 2020



Note: All Occupations includes all occupations in the U.S. Economy.  
Source: O\*net Online® Wages and Employment Trends.



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**TUITION:** Estimated 2021-22 in-state tuition and fees for an associate degree in this program is \$8,375.